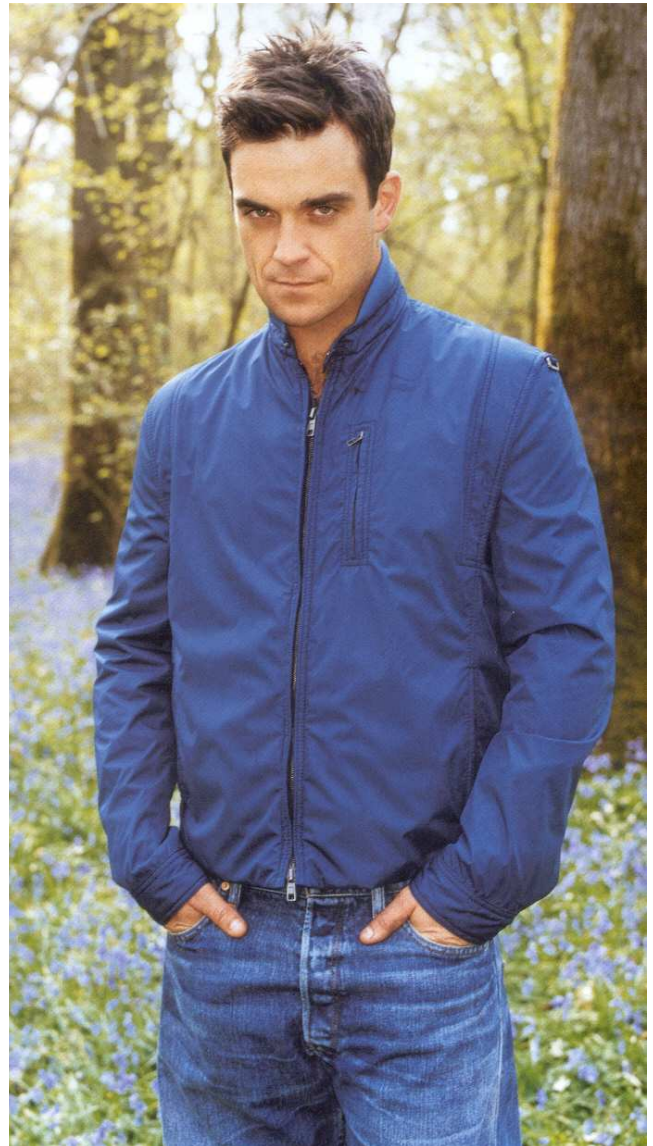


Also Robbie Williams lost spare tyre from his midriff by using the Vacunaut

[...] One day some large, heavy cardboard boxes arrive in the forecourt of his Los Angeles home. They are from Austria. Last month, in a Chelsea gym, Rob had discovered a new fitness machine, called the Vacunaut, that seemed to work well for him, and he has bought one for himself, for the price of a medium-sized car. It is a full body suit with a series of pads around the stomach, connected to a pump. It is designed to a theory that fat loss is difficult around the midriff because circulation is poor there, and so the body is less likely to convert and transport fat from there than elsewhere. The Vacunaut is intended to counteract that problem. Rob swears by it. Most days he appears in his suit, like an eccentric spaceman, asking either to be zipped up or unzipped. [..]¹



¹ quotation and image from the biography „Feel“ by Chris Heath, published by Ebury Press, page 230-231