



BEST MACHINE-ASSISTED (SCULPTING) Hypoxi - Hypoxi

Training Session 30 minutes

What Cycle on a machine with your lower body in a chamber, which uses vacuum suction to increase blood flow to the waist, tummy, hips, thighs and buttocks. This is said to stimulate metabolism in the lower body.

Our tester says "There was no pain from the suction - just a little discomfort, which I expected. I thought it was a very interesting concept. Worth recommending to friends!"